

Mixed Green Salad with Strawberries and Kiwi Fruit

Marinate the fresh strawberries in the dressing from 1 to 24 hours.

2 bags (8 ounces each)	Fresh Express Riviera Salad Blend
1 quart	strawberries, sliced
4	kiwis, peeled and sliced
1/4 cup	sugar
3 tablespoons	balsamic vinegar
3 tablespoons	raspberry vinegar
3 tablespoons	extra-virgin olive oil
1 tablespoon	poppy seeds
1 tablespoon	sesame seeds

Whisk dressing ingredients together in a medium glass or stainless steel bowl. Remove stems from strawberries and slice thinly. Toss strawberries in dressing. Cover and refrigerate 1 to 24 hours. Right before serving, peel kiwi. Cut in half lengthwise and into thin slices. Place salad blend in a large bowl. Pour strawberries with dressing over salad and toss gently to coat. Top with kiwi slices and serve immediately.

Servings: 8

Preparation time: 15 minutes

Ready in: 1 hour

Nutrition Facts

Serving size: 1 serving

Percent daily values based on a 2000 calorie diet.

Nutrition information calculated from recipe ingredients.

Amount Per Serving	
Calories	139.74
Calories From Fat (41%)	57.64
% Daily Value	
Total Fat 6.66g	10%
Saturated Fat 0.85g	4%
Cholesterol 0.00mg	0%
Sodium 5.05mg	0%
Potassium 352.40mg	10%
Carbohydrates 20.90g	7%
Dietary Fiber 3.72g	15%
Sugar 14.36g	
Sugar Alcohols 0.00g	
Net Carbohydrates 17.19g	
Protein 1.77g	4%

Ingredient Links

In order to calculate nutrition information for a recipe using its ingredients the recipe ingredients need to be linked to the ingredients in the ingredient database. The table below shows how the recipe ingredients are currently linked.

Recipe Ingredient	Linked To
2 bags (8 ounces each) Fresh Express Riviera Salad Blend	8 x 1/2 cup shredded of Lettuce, cos or romaine, raw
1 quart strawberries, sliced	1 x 1 quart of Strawberries, raw
4 kiwis, peeled and sliced	4 x 1 large fruit, without skin of Kiwi fruit, (chinese gooseberries), fresh, raw
1/4 cup sugar	0.25 x 1 cup of Sugars, granulated
3 tablespoons balsamic vinegar	3 x 1 tablespoon of Vinegar, balsamic
3 tablespoons raspberry vinegar	3 x 1 tablespoon of Vinegar, raspberry
3 tablespoons extra-virgin olive oil	3 x 1 tablespoon of Oil, olive, salad or cooking
1 tablespoon poppy seeds	1 x 1 tablespoon of Spices, poppy seed
1 tablespoon sesame seeds	1 x 1 tablespoon of Seeds, sesame seeds, whole, dried

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